



BS Exercise Science

MAJOR: EXERCISE SCIENCE (BACHELOR OF SCIENCE)

GRADUATE PROGRAMS: Master of Arts in Education (AAQEP Accredited)
Master of Athletic Training (CAATE Accredited)

PRE-PROFESSIONAL PROGRAMS: Pre-Medical Sciences, Pre-Athletic Training (3+2)

Combine your interests in fitness and science while you prepare for a variety of career pathways that help improve the lives of others. Exercise Science is the link among physical activity, athletic performance, fitness, and health, synthesizing foundational aspects of nutrition, exercise physiology, biomechanics, fitness assessment, anatomy, and exercise prescription. You'll complete courses specifically designed to connect learning inside the classroom with real-life applications.



UNIQUE LEARNING EXPERIENCES

- Human cadaver anatomy with lab coursework
- Opportunities to conduct and present student-led research alongside a faculty mentor
- Preparation for entry into competitive master's and doctoral programs
- 100% of students complete a practicum and/or internship in a related field
- Transformative service learning opportunities in the local community

MAJOR CONCENTRATIONS

- Pre-Medical Sciences
- Applied/Pre-Athletic Training
- Sport/Recreation Management
- Physical Education/Health
- Athletic Training 3+2



PERSONALIZED ADVISING PLANS

PREFERRED ADMISSION STATUS FOR SELECT GRADUATE SCHOOLS

Focused, hands-on coursework in a variety of concentrations will prepare you for a variety of career opportunities in fields such as medicine, physical therapy, occupational therapy, physical education, athletic training, chiropractic, athletic administration, sport management, personal training, coaching, and many others.

MORE INFO:

